

3 Year Fools'-Journey

Dear fools, dear people who were always interested in fooling and those who want more of fooling.

Be aware:

This is something that could profoundly deepen your life, on the stage of life and on theatre stages worldwide. "Fooling" seems to grow up.

An idea that has been on a low flame for some time, started to boil as we met in Cornwall around the Equinox.

And... may be served next year in September 2010. Therefore I'd like to present you the following "menu a la carte" and ask for your interest and your needs and your special taste in it. I perceive people being very busy with plans, work etc., including plans for next year. Therefore it might make sense for you to already feel and think about it.

Have you always wanted to make a long term fools-journey with support in your personal development and your performer?

Did you feel the need for a support group or for ongoing facilitation?

How about starting it next year, September 2010?

Franki's vision (or: the vision) is it to run a 3-year/stage ongoing-fools course/journey. This journey carries the potential to focus and deepen the fools' work for each individual according to where s/he stands at the moment. The courses/journey will not be linear. What will it be like? There will be the opportunity to enter the first stage, the second or the third part at the same time according to where the individual is. All fools will meet at the same place and work in different rooms/ spaces in their groups with facilitation. Apart from Franki Anderson facilitating there will probably be 2 other experienced facilitators at each meeting.



- In the first year there will be a general introduction to what fooling is all about and give the individual the chance to play with what is and focus on separating the masks. It could be that people are entering into deeper processes such as making friends with grief, vulnerability, the critics etc. with the support of an ongoing group.
- The second year will give people the opportunity to go deeper into their process and working more with their solos as a performer and on the stage of life.
- The third year ...For those already playing solo, will continue to develop solo possibilities: - separating processing and playing, archetypes and themes, whilst the focus being more on group work.
- Optional Fourth Stage: having done a solo and having played in groups, performing, directing and facilitating the fools' work.

The plan allows flexibility to change and grow according to the groups needs. For instance, somebody who has done fooling many years but never did something that the first year is doing, and always wanted to do it could join this group for that session. Franki would like not to call it 3 years but developmental stages; however each stage will run over a year and will be sequential.

(As I am writing this I feel the difficulty to put fooling into a frame. But I long to do more fooling, to bring people together and support one another. I long to bring fooling more into the world.

After all these years I still do...!

The fear I have got that goes together with giving things a structure is, that it loses its magic. And turns into "normality", which means for me acting out of conditioning, not being aware of how I behave in a group, sacrificing my own needs and dreams for the need of being accepted.

The fear that freedom isn't freedom any more if it gets into a shape.

But then I think: that this form/shape doesn't have to be a cage. It could give the river its shape or the river even finds its own way to the sea...)

The approximate time frame for this will be 6-9 weeks in one year. In the past the Troubadour-project met for a minimum of 9 weeks (many opted to do more) within a year in different countries. The Fools-Journey in Bristol 2001 was 3 months. People who

joined these journeys report that it was a special time for them. On the fools journey in Bristol I remember the energy-field to be special: Meeting with fools daily, playing, living and working together. That was "living the dream".

Some people are currently starting to check out places in England, Spain, Germany and Italy where the journey can start. In the longer run it shall happen in Cornwall.

I am also asking you to pass on this information to everybody you know that has done fools-work or wants to do it or has been waiting for this chance to go one step further in the work.

I got funding for doing the fools-journey in Bristol via a scholarship-program through University. It might be worth checking out possibilities for personal funding through organisations, education programs etc.

Please let me know if you feel any resonance about this vision and let me know if you want to join.

Lot of love to all of you and hope to hear from you,

Janne

- In your statement of interest please say: -
- What your time availability is,
- What your financial situation is,
- What is your wish as a player, director, facilitator, audience, and member of a community, and as a person?
- Your statement of interest will begin a shared process, creating the appropriate course for the groups needs.

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